



Gammy's House Recipes

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LAVENDER MINI MEATBALLS

Ingredients:

1 lb. ground beef or beef/veal combo
½ cup finely chopped onion
1 large egg
1 piece of white bread soaked in milk and wrung out
1 tablespoon dried culinary lavender, ground in a spice or coffee grinder
Salt and pepper

Directions:

Combine all ingredients and mix lightly. Form into small meatballs. Cook meatballs over low heat and do not brown. Set aside. Make lavender sauce and pour over meatballs and keep warm.