



Gammy's House Recipes

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ROSE PETAL ICE CREAM

Ingredients:

1 ½ gallon of french vanilla ice cream
(softened slightly)
2-3 tablespoons of rose syrup
1 teaspoon of rose water
½ cup of fragrant rose petals, chopped fine
Or
¼ cup of dried, crushed fragrant rose petals
½ cup chopped pistachios if desired

Directions:

Add rose syrup and rose water to softened ice cream and blend thoroughly. Add rose petals and pistachios. Refreeze until hard. You may serve the ice cream with a few fresh rose petals on top of the ice cream.